

Basic Pistol Shooting 101

Course Information

Course Goals: The goal of the Basic Pistol Shooting 101 Course is to teach the student the basic knowledge, skills and attitude necessary for owning, handling and shooting a pistol safely.

Course Length: 9 hours. Additional time can be committed for students to develop skills before continuing to the next lesson. The course length is flexible depending on the students' previous experience and aptitude.

Requirements to Pass Course: The student must:

- Attend the entire session.
- Complete each lesson quiz. A cumulative total average of all six quizzes must be at least 80% for passing the knowledge portion.
- Qualify at the minimum Level 1 – Marksman during the Live-Fire part of the course.

Lesson Topics	Course Outline	Time
Lesson Introduction – Basic Pistol 101 Course Introduction	Lesson Introduction – Basic Pistol Shooting 101 Course Introduction The lesson tasks: <ul style="list-style-type: none"> • Provide handouts to students. • Housekeeping. • Review the course goals. • About the Basic Pistol Shooting 101 Course. • About the Instructor’s Experience. • About the Instructor’s Training. 	.25 hour
Lesson 1 – Pistol Safety Learning Objectives	Lesson 1 – Pistol Safety Learning Objectives In this lesson the student will: <ul style="list-style-type: none"> • Read the Gun Owner’s Responsibility. • Learn the Two Causes of Firearms Accidents. • Learn the NRA’s Three Primary Rules for Safe Pistol Handling. • Review the Other Nine Important Safety Rules. • Learn the Safe Trigger Finger Position on the Pistol When Not Firing. 	.5 hour
Lesson 2 – Pistol Learning Objectives	Lesson 2 – Pistol Learning Objectives In this lesson, the student will: <ul style="list-style-type: none"> • Learn some of the reasons for owning a pistol. • Learn the three most common pistol types. 	1 hour

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	<ul style="list-style-type: none"> • Learn the main parts of a revolver. • Learn about the revolver’s frame components. • Learn about the parts of the revolver barrel. • Learn about the double action revolver’s parts. • Learn about the single action revolver’s parts. • Learn how to determine the cylinder rotation of a revolver. • Learn the difference between the trigger’s tasks on a single action revolver and a double action revolver. • Learn main parts of a semi-automatic pistol. • Learn about the main parts of a semi-automatic pistol frame. • Learn about the parts of semi-automatic pistol barrel. • Learn about the action parts of a semi-automatic pistol. • Learn about the function of a semi-automatic pistol slide. • Learn about the types of semi-automatic pistol actions. • Learn about the semi-automatic pistol magazine. • Learn about the semi-automatic pistol’s magazine components. 	
Lesson 3 – Ammunition Learning Objectives	<p>Lesson 3 – Ammunition Learning Objectives</p> <p>As a result of the student’s participation in this lesson, they will be able to:</p> <ul style="list-style-type: none"> • Identify the different components of a rim fire pistol cartridge. • Identify the different components of a center fire pistol cartridge. • Identify the different components of a shot shell center fire cartridge. • Explain how to properly identify and store ammunition. • State the three major types of cartridge malfunctions. • Explain the proper procedure in how to react to them. 	1 hour
Lesson 4 – Pistol Shooting Learning Objectives	<p>Lesson 4 – Pistol Shooting Learning Objectives</p> <p>As a result of the student’s participation in this lesson, they will:</p> <ul style="list-style-type: none"> • Learn about eye and hand dominance. • Determine their dominant eye. • Learn the attributes of a good shooting position. • Learn the bench rest shooting position. • Learn the two-handed standing shooting position. • Learn how to obtain a proper two-handed grip. • Learn the proper thumb positions in a two-handed grip between a revolver and a semi-automatic pistol. • Learn the five foundational pistol shooting attributes • Learn the elements of how to aiming properly. 	1 hour

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	<ul style="list-style-type: none"> • Learn about the arc of movement. • Learn what the two most important foundational shooting attributes are. 	
Lesson 5 – Pistol Care	<p>Lesson 5 – Pistol Care Learning Objectives</p> <p>As a result of the student’s participation in this lesson, the student will:</p> <ul style="list-style-type: none"> • Learn about caring for the pistol. • Learn when to clean the pistol. • Learn what equipment is needed to clean the pistol. • Learn the procedure to clean the Semi-automatic pistol. • Learn the procedure to clean a semi-automatic pistol magazine. • Learn the procedure to clean a revolver. 	1 hour
Lesson 6 – Storage, Use, and Carrying your Pistol in Connecticut	<p>Lesson 6 – Storage, Use, and Carrying your Pistol in Connecticut Lesson Objectives:</p> <p>As a result of the student’s participation in this lesson, they will:</p> <ul style="list-style-type: none"> • Learn About the Safe Storage of Pistols • Learn the Reasons for the Safe Storage of Pistols • Learn the Consequences for Negligent Storage of Pistols • Review Connecticut’s Negligent Firearms Storage Law – C.G.S. 53a-217a • Learn the Types of Locking Mechanisms on Storage Devices • Learn the Two Storage Types for Home and Vehicle Storage of Pistols • Review and Learned about the Relevant Connecticut General Statutes Pertaining to the Use of Force, Using and Carrying a Pistol in Connecticut. • Learn the Five Necessary Elements required for a claim of self-defense in a use of force incident. • Learn about De-escalation Techniques to Avoid or Defuse Conflicts • Review and Learn about areas that prohibit you from carry your pistol. • Learn other practical laws and information about carrying your pistol. • Learn about Purchasing and Selling a Handgun. • Learn the procedure for obtaining your Connecticut Pistol Permit. • Review Connecticut Public Act 23-53 Requirements • Complete the Lesson 6 Quiz 	1.5 hours

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<p>Lesson 7 – Pistol Handling Dry Firing Learning Objectives</p>	<p>Lesson 7 – Pistol Handling Dry Firing Learning Objectives</p> <p>As a result of the student’s participation in this lesson, they will:</p> <ul style="list-style-type: none"> • Practice the three NRA’s rules of safe pistol handling. • Determine their dominant eye. • Practice loading and unloading a pistol magazine with dummy ammunition. • Practice acquiring a proper two-handed grip with a semi-automatic pistol. • Practice using the controls with an empty semi-automatic pistol. • Practice loading and unloading a semi-automatic pistol safely with dummy ammunition. • Practice using the controls with an empty revolver. • Practice acquiring a proper two-handed grip with a revolver. • Practice loading and unloading a revolver safely with dummy ammunition. • Practice the bench rest position using the five fundamental attributes of pistol shooting with a semi-automatic pistol and a revolver. • Practice the two handed isosceles standing position utilizing the five fundamental attributes of pistol shooting with a semi-automatic pistol and a revolver. • Practical exercises the bench rest position using the five fundamental attributes of pistol shooting with a gas blowback air soft semi-automatic pistol. • Practical exercises the two handed isosceles standing position utilizing the five fundamental attributes of pistol shooting with a gas blowback air soft semi-automatic pistol. • Practical exercises making a semi-automatic pistol safe when found in various conditions of being loaded (with dummy rounds) and on a table. • Practical exercises making a revolver safe when found in various conditions of being loaded (with dummy rounds) and on a table. 	<p>1 hour</p>
<p>Lesson 8 – Pistol Handling Live Fire Learning Objectives</p>	<p>Lesson 8 – Pistol Handling Live Fire Learning Objectives</p> <p>As a result of the student’s participation in this lesson, they will:</p> <ul style="list-style-type: none"> • Practice the three NRA’s rules of safe pistol handling. • Dry fire the Single-action .22 LR revolver from the bench rest position integrating the five fundamental attributes of shooting. • Fire first shots with the Single-action .22 LR revolver from the bench rest position integrating the five fundamental attributes of shooting. 	<p>1.5 hours</p>

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	<ul style="list-style-type: none"> • Dry fire the Semi-automatic Pistol .22 LR pistol from the two handed isosceles standing position integrating the five fundamental attributes of shooting. • Fire first shots with the Semi-automatic Pistol .22 LR pistol from the two handed isosceles standing position integrating the five fundamental attributes of shooting. • Dry fire the Centerfire Semi-automatic Pistol from the bench rest position integrating the five fundamental attributes of shooting. • Fire first shots with the Centerfire Semi-automatic Pistol from the bench rest position integrating the five fundamental attributes of shooting. • Dry fire the Centerfire Semi-automatic Pistol from the two handed isosceles standing position integrating the five fundamental attributes of shooting. • Fire first shots with the Centerfire Semi-automatic Pistol from the two handed isosceles standing position integrating the five fundamental attributes of shooting. • Dry fire the Centerfire Double action revolver from the bench rest position integrating the five fundamental attributes of shooting. • Fire first shots with the Centerfire Double action revolver from the bench rest position integrating the five fundamental attributes of shooting. • Dry fire the Centerfire Double action revolver from the two handed isosceles standing position integrating the five fundamental attributes of shooting. • Fire first shots with the Centerfire Double action revolver from the two handed isosceles standing position integrating the five fundamental attributes of shooting. • Fire qualification from the bench rest position, qualifying at least a Level 1: Marksman minimum. • Fire qualification from the two handed isosceles standing position, qualifying at least a Level 1: Marksman minimum. 	
Lesson End – Course Conclusion	<p>Lesson End – Course Conclusion</p> <p>The instructor will distribute the course evaluation for completion.</p> <ul style="list-style-type: none"> • Students complete course evaluation. • Your critique and suggestions to improve the course experience is deeply valued. • Present Course Certificates to students. 	.25 hours

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Additional Session Information for the Student

Equipment: All safety equipment, ammunition, pistols, targets, etc. will be provided. If you own shooting glasses or ear protection, you can also bring them if you prefer to use your own.

Student Owned Pistol: If a student owns a pistol, accommodations will be made for the student to use that pistol during the training session and instruction on its operation will be provided. Please contact me about having the pistol available during the course.

Clothing: Please wear closed toe shoes (no flip flops or sandals), a crew neck (T-shirt) or button-up shirt (no low-cut neckline). Long pants are recommended, but not required. You may also want to bring a baseball cap or a billed hat. During the live fire exercises, there will be hot brass being ejected from the pistols which may bounce onto you. This clothing will offer you the best protection.

Course Fee Information: The course fee is \$100.00 per student.

Accepted forms of payment are: personal check (Made payable to: Robert D. Soule, Jr.), USPS money order or cash. Payment is expected upon receipt of the course certificate.

What if I do not qualify at least at the Basic Pistol Shooting 101 course Marksman minimum during the session?

There will be NO CHARGE for the session and you can reschedule another session with me. I am committed to working with you to successfully complete this portion of the course.